

BREAKFAST ALL DAY

Sourdough 9

white • focaccia • rye • gluten free w. seasonal preserves

VEG Acai Bowl 18

w. fresh strawberry, banana, mixed seeds, coconut & granola

ADD PEANUT BUTTER +2 OR NUTELLA +2

Breakfast Wrap 22

w. spinach, scrambled egg, bacon, avocado, relish & hash brown

Focaccia B&E Roll 15^(T/A) / 18

bacon, 2 fried eggs & choice of bbq, ketchup, relish, hollandaise ADD HASH BROWN +3

VEG Eggs “Your Way” 14

poached • fried • scrambled served w. your choice of focaccia, sourdough or gluten free bread

ADD SIDES FROM LIST

Bruschetta Italiana 22

w. smashed avocado, fresh tomato, buffalo mozzarella, basil, salsa verde w. your choice of prosciutto or smoked salmon ADD EGGS +6

VEG Summer Breakfast Bowl 26

fresh spinach, roasted pumpkin, grilled zucchini, whipped avocado, quinoa, almond flakes, crunchy kale, haloumi cheese & poached eggs

VEG Smashed Avocado Breakfast 29

sourdough toast served w. smashed avo, cherry tomato, haloumi, double hash brown & poached eggs

ADD BACON +5 OR SALMON +6

VEG Corn & Pea Fritters 25

our famous house-made corn & pea fritters, smashed avocado, chilli salsa & you choice of bacon, smoked salmon or haloumi ADD EGGS +6

VEG Eggs Benedict 25

focaccia bread topped w. poached eggs, choice of bacon • haloumi • smoked salmon, served w. sautéed spinach & housemade hollandaise

VEG Mediterranean Big Breakfast 28

eggs your way, sourdough choose 3 sides • field mushroom • bacon • avocado • hash brown • roast tomato • haloumi • sausage

LUNCH FROM 11:30AM

Our Steak Focaccia Sandwich 25

chargrilled scotch fillet, fresh tomato, swiss cheese, caramelised onions & mayo on warm focaccia bread & served w. hand cut chips

ADD BACON +5 OR FRIED EGGS +6

Italian Seafood Plate 28

chargrilled calamari, “endeavour bay” tiger prawns, smoked salmon, lemon wedge, cocktail sauce w. side salad

Spaghetti Con i Gamberi 26

housemade spaghetti w. fresh prawns, semidried tomatoes in a white wine sauce, touch of garlic & chilli served w. warm garlic focaccia

VEG Mama’s Burrata & Pesto Gnocchi 28

mama’s famous freshly handmade gnocchi, tossed in a rich housemade pesto, cherry tomato, dash of cream, topped w. a creamy burrata, pistachio crunch & served w. warm garlic focaccia bread

Chicken & Prawn Capri Salad 25

fresh chargrilled “endeavor bay” tiger prawns & marinated chicken breast, avocado, mixed leaves, cherry tomatoes, spanish onion, cucumber, toasted sesame seeds w. italian dressing

Tuna Nicoise Salad 25

fresh chargrilled tuna, mix lettuce, cherry tomato, black olives, grilled zucchini, baby chat potato, red onion, boiled egg & nicoise dressing

APERITIVO ITALIANO SPRITZ

APEROL SPRITZ 14

classic italian summer cocktail

LIMONCELLO SPRITZ 14

the taste of sorrento

FLIRTINI “THE WATERMELON SPRITZ” 14

freshly blended crush watermelon & mint topped w. iced cold prosecco

WINE & BEER

VINO BIANCO PINOT GRIGIO G9.5 / B32

VINO ROSSO SANGIOVESE G9.5 / B32

PROSECCO G9.5 / B32

ROSE’ G9.5 / B32

PERONI 8.5

SOFT DRINKS

CHINOTTO 5

S PELLEGRINO SPARKLING WATER 4.5

STILL WATER 3

COKE, COKE ZERO & SPRITE 5

LEMON, LIME & BITTERS 7

LA BOTTEGA

FOCACCIA SANDWICHES

Nonna’s Mortadella Schnitzel Sandwich 27

mortadella & smoked provolone schnitzel, mix leaves, topped w. creamy burrata, semidried tomato & basil pesto served w. crisp hand cut chips
“memories of a childhood”

Prosciutto Sandwich 18

w. buffalo mozzarella, fresh tomato, spinach & pesto ADD CHIPS +3

VEG Vegetarian Sandwich 18

w. fresh spinach, roasted seasonal vegetables, buffalo mozzarella & pesto
ADD CHIPS +3

Chicken Sandwich 18

chargrilled chicken, swiss cheese, lettuce, fresh tomato & mayo ADD CHIPS +3

SIDES

POACHED, SCRAMBLED OR FRIED EGGS 6

HASH BROWN 4

ROASTED TOMATOES 4

PROSCIUTTO 5

BACON 5

AVOCADO 5

SAUSAGE 5

ROASTED MUSHROOMS 5

SMOKED SALMON 6

BUFFALO

MOZZARELLA 6

GRILLED CHICKEN 6

HALOUMI 7

STEAK 8

BOWL OF CHIPS 10

BAMBINI

THIS MENU IS ONLY AVAILABLE FOR CHILDREN UNDER 14.

Kids Size Scrambled Eggs On Toast 12

Kids Size Avocado On Toast 12

Kids Size Spaghetti Napoli Sauce & Parmesan 12

Kids Acai 14

one scoop of acai, granola, fresh strawberries & banana
w. your choice of peanut butter or nutella

Kids Waffle Magic 16

one waffle, marshmallow, chocolate sauce, strawberries & ice cream

PUP-A-LICIOUS MENU

Chicken & Rice 8 • Pupcake By Marianna 5



COFFEE & TEA

THE
GROUNDS
COFFEE ROASTERY

ESPRESSO • MACCHIATO 4.5

FLAT WHITE • CAPPUCCINO •

LONG BLACK • LATTE 4.5

ADD SOY/ALMOND/OAT/LACTOSE FREE

LARGE/DINE IN +50C

BELGIAN HOT CHOCOLATE 5 SML

CHAI LATTE 5 SML

MATCHA LATTE 5 SML

MOCHA 5 SML

ENGLISH BREAKFAST TEA 5.5

GREEN TEA 5.5

PEPPERMINT TEA 5.5

EARL GREY 5.5

LEMONGRASS & GINGER 5.5

STICKY CHAI 10

ICED DRINKS

ICE LATTE 8.5

ICE LONG BLACK 8.5

ICE CHAI LATTE 8.5

CAFFE FREDDO ICE COFFEE 8.5

milk, espresso, ice cream, coffee ADD CREAM +2

AFFOGATO 14

2 scoops vanilla gelato topped w. kahlua & fresh coffee

FRESH JUICES

ORANGE JUICE 8

APPLE JUICE 9

THE GREEN NINJA 9

fresh apples, spinach, cucumbers, lemons & kale

SUMMER IN ITALY 9

fresh pineapple, apple, orange, lemons & mint

SMOOTHIES, FRAPPE' & SHAKES

WAKE ME UP SMOOTHIE 10

freshly blended frozen banana, honey, yoghurt & milk

MANGO MANIA SMOOTHIE 10

freshly blended mango, honey, yoghurt, milk

MATCHA & COCONUT YOGHURT SMOOTHIE 10

authentic imported japanese green tea matcha, coconut yoghurt, chunks of mango & milk

TROPICAL NIGHTS FRAPPE' 10

freshly blended frozen pineapple, passionfruit & mango

SUMMER ICED LEMONADE FRAPPE' 10

frozen locally sourced lemons & limes
blended w. ice & touch of fresh mint

SUMMER WATERMELON CRUSH FRAPPE' 10

fresh frozen chunks of watermelon, ice & fresh mint blended

MILK SHAKES 8

chocolate, strawberry, vanilla, caramel

LA BOTTEGA

Summer Brunch

SPRITZ

APERITIVO ITALIANO

APEROL SPRITZ 14

the classic italian summer cocktail

LIMONCELLO SPRITZ 14

the taste of sorrento

FLIRTINI "THE WATERMELON SPRITZ" 14

freshly blended crush watermelon & mint topped w. iced cold prosecco



WINE & BEER

VINO BIANCO
PINOT GRIGIO G9.5 / B32
VINO ROSSO
SANGIOVESE G9.5 / B32
PROSECCO G9.5 / B32
ROSE' G9.5 / B32
PERONI 8.5

SOFT DRINKS

CHINOTTO 5
COKE, COKE ZERO & SPRITE 5
LEMON, LIME & BITTERS 7

BAMBINI

THIS MENU IS ONLY AVAILABLE
FOR CHILDREN UNDER 14.

Kids Size Scrambled Eggs On Toast 12

Kids Size Avocado On Toast 12

Kids Size Spaghetti Napoli Sauce & Parmesan 12

Kids Waffle Magic 16

one waffle, marshmallow, chocolate sauce, strawberries & ice cream

Kids Acai 14

one scoop of acai, granola, fresh strawberries & banana w. your choice of peanut butter or nutella

VEG Acai Bowl 18

w. fresh strawberry, banana, mixed seeds, coconut & granola

ADD PEANUT BUTTER +2 OR NUTELLA +2

VEG Eggs "Your Way" 14

poached • fried • scrambled served w. your choice of focaccia, sourdough or gluten free bread

Breakfast Wrap 22

w. spinach, scrambled egg, bacon, avocado, relish & hash brown

VEG Summer Breakfast Bowl 26

fresh spinach, roasted pumpkin, grilled zucchini, whipped avocado, quinoa, almond flakes, crunchy kale, haloumi cheese & poached eggs

Mediterranean Big Breakfast 33 (NO VARIATIONS)

eggs your way, sausage, bacon, haloumi, smashed avocado, hash brown, mushrooms, spicy relish & warm focaccia

VEG Eggs Benedict 25

focaccia bread topped w. poached eggs, choice of bacon • haloumi • smoked salmon served w. sautéed spinach & housemade hollandaise

VEG Smashed Avocado Breakfast 29

sourdough toast served w. smashed avo, cherry tomato, haloumi, double hash brown & poached eggs **ADD BACON +5 OR SALMON +6**

Bruschetta Italiana 28

w. smashed avocado, fresh tomato, buffalo mozzarella, basil, salsa verde & poached eggs w. your choice of prosciutto or smoked salmon

VEG Corn & Pea Fritters 25

our famous house-made corn & pea fritters, smashed avocado, chilli salsa & you choice of bacon, smoked salmon or haloumi **ADD EGGS +6**

Spaghetti Con i Gamberi 26

housemade spaghetti w. fresh prawns, semidried tomatoes in a white wine sauce, touch of garlic & chilli served w. warm garlic focaccia

VEG Mama's Burrata & Pesto Gnocchi 28

mama's famous freshly handmade gnocchi, tossed in a rich housemade pesto, cherry tomato, dash of cream, topped w. a creamy burrata, pistachio crunch & served w. warm garlic focaccia bread

Chicken & Prawn Capri Salad 25

fresh chargrilled "endeavor bay" tiger prawns & marinated chicken breast, avocado, mixed leaves, cherry tomatoes, spanish onion, cucumber, toasted sesame seeds w. italian dressing

Tuna Nicoise Salad 25

fresh chargrilled tuna, mix lettuce, cherry tomato, black olives, grilled zucchini, baby chat potato, red onion, boiled egg & nicoise dressing

Our Steak Focaccia Sandwich 25

chargrilled scotch fillet, fresh tomato, swiss cheese, caramelised onions & mayo on warm focaccia bread & served w. hand cut chips

ADD BACON +5 OR FRIED EGGS +6

Nonna's Mortadella Schnitzel Sandwich 27

mortadella & smoked provolone schnitzel, mix leaves, topped w. creamy burrata, semidried tomato & basil pesto served w. crisp hand cut chips *"memories of a childhood"*

Deluxe Sicilian Chargrilled Seafood Basket 37

freshly marinated & chargrilled salmon fillet, "endeavour bay" tiger prawns, calamari & black mussels, served w. seafood sauce & warm garlic focaccia *"the flavour of sicily"*

SIDES

POACHED, SCRAMBLED OR FRIED EGGS 6
HASH BROWN 4
ROASTED TOMATOES 4
PROSCIUTTO 5
BACON 5
AVOCADO 5
SAUSAGE 5

ROASTED MUSHROOMS 5
SMOKED SALMON 6
BUFFALO MOZZARELLA 6
GRILLED CHICKEN 6
HALOUMI 7
STEAK 8
BOWL OF CHIPS 10

COFFEE & TEA

EST. 2012
THE
GROUNDS
COFFEE ROASTERY

ESPRESSO • MACCHIATO 4.5

FLAT WHITE • CAPPUCCINO • LONG BLACK • LATTE 4.5

ADD SOY/ALMOND/OAT/LACTOSE FREE/LARGE/DINE IN +50C

BELGIAN HOT CHOCOLATE 5 SML

CHAI LATTE 5 SML

MATCHA LATTE 5 SML

MOCHA 5 SML

ENGLISH BREAKFAST TEA 5.5

GREEN TEA 5.5

PEPPERMINT TEA 5.5

EARL GREY 5.5

LEMONGRASS & GINGER 5.5

STICKY CHAI 10

ICED DRINKS

ICE LATTE 8.5

ICE LONG BLACK 8.5

ICE CHAI LATTE 8.5

CAFFE FREDDO ICE COFFEE 8.5

milk, espresso, ice cream, coffee **ADD CREAM +2**

AFFOGATO 14

2 scoops vanilla gelato topped w. kahlua & fresh coffee

FRESH JUICES COLD PRESSED

ORANGE JUICE 8

APPLE JUICE 9

THE GREEN NINJA 9

fresh apples, spinach, cucumbers, lemons & kale

SUMMER IN ITALY 9

fresh pineapple, apple, orange, lemons & mint

SMOOTHIES, FRAPPE' & SHAKES

WAKE ME UP SMOOTHIE 10

freshly blended frozen banana, honey, yoghurt & milk

MANGO MANIA SMOOTHIE 10

freshly blended mango, honey, yoghurt, milk

MATCHA & COCONUT YOGHURT SMOOTHIE 10

authentic imported japanese green tea matcha, coconut yoghurt, chunks of mango & milk

TROPICAL NIGHTS FRAPPE' 10

freshly blended frozen pineapple, passionfruit & mango

SUMMER ICED LEMONADE FRAPPE' 10

frozen locally sourced lemons & limes blended w. ice & touch of fresh mint

SUMMER WATERMELON CRUSH FRAPPE' 10

fresh frozen chunks of watermelon, ice & fresh mint blended

MILK SHAKES 8

chocolate, strawberry, vanilla, caramel

PUP-A-LICIOUS MENU

Chicken & Rice 8

Pupcake By Marianna 5

